

Winter Menu—Week 1



Weeks beginning: 06/01/25 - 27/01/25 - 24/02/25 - 17/03/25

Allergens

G = Gluten F = Fish E = Eggs D = Dairy S = Soya

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat & Fish	Sausage & Mash Potato (D, G)	Sweet & Sour Chicken with Mixed Rice (S,G)	Roast Pork Roast Potatoes & Gravy	Chicken, Vegetable & Mash Pie (D)	Fish Fingers & Chips (F,G)
Vegetarian & Plant-based	Vegan Sausage & Mash Potato (D, S)	Sweet & Sour Vegetables with Mixed Rice (S,G)	Vegan Mince, Roast Potatoes & Gravy (S)	Vegan Meatballs In Tomato Sauce (S)	Vegetable Fingers & Chips (G)
Vegetables	Peas	Sweetcorn	Mixed Veg	Carrots	Baked Beans
Jacket Potatoes	Jacket Potato & Baked Beans Plant based	Cheese & Ham Panini (D,G)	Jacket Potato with Tuna Mayo (F,E)	Jacket Potato with Vegetables in Sweet & Sour Sauce (S,G)	Jacket Potato with Cheese (D)
Desserts	Yogurt (D)	Bread & Butter Pudding (50% Fruit) (D,G,E)	Yogurt (D)	Eves Pudding (50% Fruit)(50% Fruit) (E,D,G)	Ice cream (D)
or	Fruit	Fruit or Yogurt (D)	Fruit	Fruit or Yogurt (D)	Fruit or Yogurt (D)

Winter Menu—Week 2

Weeks beginning: 13/01/25 - 03/02/25 - 03/03/25 - 24/03/25

Allergens

G = Gluten F = Fish E = Eggs D = Dairy S = Soy



	Monday	Tuesday	Wednesday	Thursday	Friday
Meat & Fish	Mild Enchiladas (G,D)	Wholemeal Pasta, Tuna & Tomato Bake (F,G) (Chosen by Fiveways Student Council)	Roast Chicken Roast Potatoes & Gra- vy	Pasta Bolognese (G)	Chicken Nuggets & Chips (G)
Vegetarian & Plant-based	Vegetable Enchiladas (G,S)	Wholemeal Spicy Tomato Pasta (G)	Vegan Sausage, Roast Potatoes & Gra- vy (S)	Vegan Mince Pasta Bolognese (S)	Vegetable Nuggets & Chips (G)
Vegetables	Broccoli	Green Beans	Mixed Veg	Carrots	Peas
Jacket Potatoes	Jacket Potato & Baked Beans Plant based	Cheese & Ham Panini (D,G)	Jacket Potato with Tuna Mayo (F,E)	Jacket Potato with Sweetcorn, Chicken & Mayo (E)	Jacket Potato with Cheese (D)
Desserts	Yogurt (D)	Fruit Cobbler (50% Fruit) (D,E,G)	Yogurt (D)	Rock Cake (50% Fruit) (G,D,E)	Ice cream (D)
or	Fruit	Fruit or Yogurt (D)	Fruit	Fruit or Yogurt (D)	Fruit or Yogurt (D)

Winter Menu—Week 3



Weeks beginning: 20/01/25 - 10/02/25 - 10/03/25 - 31/03/25
 Allergens G = Gluten F = Fish E = Eggs D = Dairy S = Soy

	Monday	Tuesday	Wednesday	Thursday	Friday
Meat & Fish	Mild Chilli & Mixed Rice	Cheese & Tomato Pizza (Chosen By the School Council) (G,D)	Roast Turkey Roast Potatoes & Gravy	Chicken Pasta Bake (D,G)	Fish & Chips (G,F)
Vegetarian & Plant-based	Cauliflower Mild Chilli & Mixed Rice	Vegan Cheese & Tomato Pizza (G,S)	Vegan Pie, Roast Potatoes & Gravy (D)	Vegan Cheese Wholemeal Pasta (S,G)	Fishless Fingers & Chips G)
Vegetables	Peas	Sweetcorn	Mixed Veg	Broccoli	Peas
Jacket Potatoes	Jacket Potato & Baked Beans Plant based	Cheese & Ham Panini (D,G)	Jacket Potato with Tuna Mayo or Salmon Mayo (F,E)	Jacket Potato with Sausage & Beans (G)	Jacket Potato with Cheese (D)
Desserts	Yogurt (D)	Upside Down Cake (50% Fruit) (D,G,E)	Yogurt (D)	Fruit Crisp (50% Fruit) (G)	Ice cream (D)
or	Fruit	Fruit or Yogurt (D)	Fruit	Fruit & Yogurt (D)	Fruit or Yogurt (D)