



# Autumn Menu—Week 1

Weeks beginning: 02/9/ - 23/9/ - 14/10/ - 11/11/ - 02/12/2024

Allergens G = Gluten F = Fish E = Eggs D = Dairy S = Soya

Bread Available

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat &amp; Fish</b>	Cheese Burger Casserole (D,G)	Chicken Curry & Rice	Pork Roast Potatoes & Gravy (G)	Chicken Meatballs & Wholemeal Pasta	Fish and Chips (F,G)
<b>Vegetarian &amp; Plant-based</b>	Vegan Mince Casserole (G,S)	Vegetable Curry & Rice	Vegan Sausage, Roast Potatoes & Gravy (S)	Veggie Meatballs & Wholemeal Pasta	Fishless Fingers 3 and Chips (G)
<b>Vegetables</b>	Sweetcorn	Green Beans	Mixed Veg	Peas	Mushy Peas
<b>Jacket Potatoes</b>	Jacket Potato & Baked Beans Plant based	Cheese & Ham Panini (D,G)	Jacket Potato with Tuna Mayo (F,E)	Jacket Potato with Chicken, Sweetcorn & Mayo (E)	Jacket Potato with Cheese (D)
<b>Desserts</b>	Yogurt (D)	Fruity Rice Pudding 50% Fruit (D)	Yogurt (D)	Fruity Cake 50% Fruit (D,E,G)	Ice cream (D)
<b>or</b>	Fruit	Fruit or Yogurt (D)	Fruit	Fruit or Yogurt (D)	Fruit or Yogurt (D)



# Autumn Menu—Week 2

Weeks beginning: 09/9/ - 30/09/ - 21/10/ - 18/11/ - 09/12/2024

Allergens G = Gluten F = Fish E = Eggs D = Dairy S = Soy

Bread Available

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat &amp; Fish</b>	Sausage Casserole with Mash Potato (G)	Wholemeal Pasta Chicken Bake (G,D)	Roast Chicken Roast Potatoes & Gravy	Lasagne	Fish Cake & Chips (G)
<b>Vegetarian &amp; Plant-based</b>	Vegan Sausage Casserole with Mash Potatoes (S)	Wholemeal Cheese & Broccoli Pasta Bake (S,G)	Vegan Mince, Roast Potatoes & Gravy (S)	Vegan Lasagne	Vegetable Nuggets & Chips (G)
<b>Vegetables</b>	Broccoli	Sweetcorn	Mixed Veg	Carrots	Peas
<b>Jacket Potatoes</b>	Jacket Potato & Baked Beans Plant based	Cheese & Ham Panini (D,G)	Jacket Potato with Tuna Mayo (F,E)	Jacket Potato Sweet & Sour Vegetables (Plant based)	Jacket Potato with Cheese (D)
<b>Desserts</b>	Yogurt (D)	Shortbread & Raisins (D,G)	Yogurt (D)	Mandarin & Sultana Cake 50% Fruit (D,E,G)	Ice cream (D)
<b>or</b>	Fruit	Fruit or Yogurt (D)	Fruit	Fruit or Yogurt	Fruit or Yogurt (D)

# Autumn Menu—Week 3



Weeks beginning: 16/9/ - 07/10/ - 04/11/ - 25/11/ - 16/12/2024

Allergens G = Gluten F = Fish E = Eggs D = Dairy S = Soy

Bread Available

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Meat &amp; Fish</b>	Butter Chicken Rice (D)	Spaghetti Bolognese Wholemeal (G)	Sausage Roast Potatoes & Gravy	Mac & Cheese (G, D)	Fish Fingers & Chips (G,F)
<b>Vegetarian &amp; Plant-based</b>	Butter Broccoli Rice (D)	Cauliflower Pasta Bake in Tomato Sauce (G, S)	Vegan Pie, Roast Potatoes & Gravy (D)	Vegan Mac & Cheese (G, S)	Vegetable Fingers & Chips (G)
<b>Vegetables</b>	Peas	Broccoli	Mixed Veg	Carrots	Peas
<b>Jacket Potatoes</b>	Jacket Potato & Baked Beans Plant based	Cheese & Ham Panini (D,G)	Jacket Potato with Tuna Mayo or Salmon (F,E)	Jacket Potato with Sausage & Beans (G)	Jacket Potato with Cheese (D)
<b>Desserts</b>	Yogurt (D)	Fruit Crumble 50% Fruit (G)	Yogurt (D)	Apple & Sultana Cake 50% Fruit (D,G,E)	Ice cream (D)
<b>or</b>	Fruit	Fruit or Yogurt (D)	Fruit	Fruit or Yogurt (D)	Fruit or Yogurt (D)