

Fiveways School

A Specialist School for 'Communication & Interaction'

Fiveways School adopts a rigorous approach and is committed to safeguarding and promoting the welfare of children and young people and expects all staff and volunteers to share this commitment.



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"What does a good life look like for me now and in the future?"

Dear Parent/Carer,

As part of the school's Relationships Health & Sex Education (RHSE) curriculum your child will be participating in relationships and sex education lessons. The lessons are delivered in a balanced and sensitive manner, appropriate to age, learning needs & emotional maturity of pupils.

The areas covered may include:

- Self-awareness and developing positive self-image.
- Ability to make choices and have control.
- Understanding and communicating their needs, feelings, and opinions.
- Keeping healthy e.g. personal hygiene, healthy eating, and physical activity.
- Keeping physically safe including online safety.
- Emotional awareness, regulation, and appropriate behaviours.
- Boundaries and social rules.
- Positive friendships, healthy relationships, and safe behaviours with different people e.g. family, friends, people we don't know, partners.
- Consent and ability to ask for help and say "No"; respond to risky or negative relationships including bullying and abuse.
- Understanding their body, growth, changes, puberty, and reproduction.
- Awareness of public and private actions.
- Awareness of drugs, dangers, and misuse.

Personalised communication systems and relevant vocabulary will be used to support this learning.

As parents / carers:

You **may not withdraw** your child from any aspect of Relationships, Education or Health Education.

You **may withdraw** your child from any or all aspects of Sex Education, (following discussion with school). This is other than any part of the My World science curriculum, up to and until three terms before the age of 16. After the age of 16, guidance states that



'if the child wishes to receive sex education rather than be withdrawn, the school should make arrangements to provide the child with sex education during one of those terms.'

Please contact school if you have any questions.

Requests for withdrawal should be put in writing and addressed to the Headteacher who will discuss the request with you and take appropriate action. A copy of withdrawal requests will be placed in the pupil's record.

Warm regards,

Swavek Nowakiewicz
Headteacher

